

Nutrivit[®] B

Vitamin B Complex

COMPOSITION

Each Tablet contains:

Thiamine Hydrochloride BP 5 mg

Riboflavin BP 2 mg

Pyridoxine hydrochloride BP 2 mg

Nicotinamide BP 20 mg

Syrup

Each 5 ml contains:

Thiamine Hydrochloride BP 5 mg

Riboflavin BP 2 mg

Pyridoxine hydrochloride BP 2 mg

Nicotinamide BP 20 mg

PHARMACOLOGY

Nutrivit[®] B contains the most important members of the vitamin B group in pure form and in therapeutically balanced proportions. The members of the vitamin B group contained in Nutrivit B are components of enzyme systems that regulate various stages of carbohydrate, fat and protein metabolism, each of the components playing a specific biological role.

Deficiency of B vitamin causes glossitis, stomatitis, cheilosis, polyneuritis, beriberi, pellagra and vascularisation of cornea.

INDICATION

Nutrivit[®] B is indicated for prophylactic or therapeutic nutritional supplementation in physiologically stressful conditions. These include : Conditions causing depletion, or reduced absorption or bioavailability of essential B-vitamins manifested by glossitis, stomatitis, cheilosis, beriberi and polyneuritis, the maintenance of normal growth and health during the early days of children, apathy and anorexia in elderly patients, prevention of vitamin deficiencies, particularly when depletion is suspected – pregnancy and lactation, patients on restricted diets.

DOSAGE AND ADMINISTRATION

Nutrivit[®] B tablet - usual recommended dose is 1-2 tablet 3 times daily or as directed by the physician.

Nutrivit[®] B Syrup- 2-3 teaspoonful daily or as directed by the physician.

CONTRAINDICATION AND PRECAUTION

Nutrivit[®] B is contraindicated in patients hypersensitive to any of its components.

SIDE EFFECT: Adverse reactions have been reported with specific vitamins and minerals, but generally at levels substantially higher than those in Nutrivit B. However, allergic and idiosyncratic reactions are possible at lower levels. Iron, even at the usual recommended level has been associated with gastrointestinal intolerance in some patients.

DRUG INTERACTION: As little as 5 mg pyridoxine daily can decrease the efficacy of levodopa in the treatment of Parkinsonism. Therefore, Nutrivit B is not recommended for patients undergoing such therapy.

USE IN PREGNANCY AND LACTATION: It is safe to use Nutrivit[®] B in pregnancy and lactation.

HOW SUPPLIED

Nutrivit[®] B tablet: Each pack contains 45 film coated tablets.

Nutrivit[®] B syrup : Bottle containing 200 ml syrup.

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